Team Building
Information and Activities

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Project Description

- Providing a team building toolkit for EMPACTS instructors, facilitators, and participants.
  - Define Team Building
  - Describe components of Team Building
  - Provide resources and some examples
Outcomes and Connections

6. Form interest-based teams, engage in and/or develop team building exercise, and develop initial proposal using forms provided

10. Provide forms and other information for other participants to enable them to adapt to their situation
Project Results

- Nuts and Bolts of Team Building
- Assessing Students skills, personalities, and interests
- Team Building Activities
  - Name Games/Introductions
  - Team Builders
- Reflections
- References
Nuts and Bolts of Team Building

Some basics to remember:

- Be mindful of student backgrounds
- Challenge students but avoid anxiety
- Note physical and mental abilities
- Know the activity – required space, necessary materials, etc.
- Make a contract. Work as a group to establish rules

Remember to strive for a balance between FUN and PURPOSE

http://www.nationalserviceresources.org
Assess students’ skills/personalities/interests

- Ex: True Colors
  - Description: [http://winning-solutions.com](http://winning-solutions.com)
  - Background: [http://online-distance-lead](http://online-distance-lead)

- Ex: Sharpening Your People Skills
Team Building Activities

- **Name Games**
  - Used to get to know each other
- **Team Builders**
  - Used to develop and strengthen team interactions
Name Games

- Juggling Name Game,
  http://www.nationalserviceresources.org/files/BP_TeambuildingExercises_2010_HON.pdf

- “Boasting,”
  http://www.nationalserviceresources.org/files/BP_TeambuildingExercises_2010_HON.pdf

- Name Quadrant

- “Find Someone Who...:”

- Introduce your Partner

http://www.singledudetravel.com/2011/06/name-games/
Team Builders

- Paper Clip Challenge
- Map explaining A to B
- Chairs,
  http://www.nationalserviceresources.org/files/BP_TeambuildingExercises_2010_HON.pdf
- Fact Finding
- Construction Project
  - Building Tower from Spaghetti:
  - Manilla Folder Holder
Importance of Reflection

- “Helps to analyze, understand, and gain meaning from experience”

- Perhaps most critical component of self-discovery, because strengths, weaknesses, and knowledge gained are assessed and stated by participants themselves

Implementing Reflection in Team-Building

- Often implemented in one of two ways:
  - Activity → Reflection → Activity → Reflection, etc...
  - Activity → Activity → Activity → Reflection, etc...
- Depends on number, length, and nature of activities?
- Instructor’s discretion?
Group Reflection

- Suggesting a template
  - “Make Up Your Own Mind (MUYOM)”

- Examples
  - “Thorns and Roses,” Boy Scouts of America
Individual Reflection

- Journaling
- Others?

http://grandlifesolutions.com/blog/journaling/joural-your-way-to-your-dreams/
Assessing Learning through Reflection

- May be difficult to apply tools (quantification) at group level?
- Perhaps easier to apply assessment tools (rubrics, etc) to physical products—e.g. student journals
Recap

- Nuts and Bolts of Team Building
- Assessing Students skills, personalities, and interests
- Team Building Activities
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Community Connection and Benefit

- This project serves
  - The participants in the EMPACTS/EAST Training program
  - Any instructor interested in Team Building
  - Students in classes that utilize Team Building

- Organizations that can be affected
  - Public Schools
  - Colleges and Universities
  - Private Schools
  - Churches
  - Camps
  - Business Community
  - Civic Organizations
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  - The EMPACTS Participants
References

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