NAME: ______________________  DATE: ______________  SCORE: __________

Student will spend 24 hours on A.D. utilizing assigned gait patterns. In 24 hour period, student needs to perform normal ADL, and include a trip to a store or restaurant. Provide written report which should include the following:

_____ Outline of day’s activities

_____ BADL’s
What did you do? Shower, bathing, cooking, dishes, laundry, etc;
What was most difficult to perform? Impossible to perform?
Did you have to make modifications to perform these activities?
What were the modifications?
What recommendations would you have for someone using the A.D. you did and the gait pattern?

_____ IADL’s
Trip to store, restaurant or recreational activity – including trip to restroom.
Where did you go?
Were there architectural barriers? Where? If not, what was present that assisted your entrance.
How did you manage?
What recommendations would you have for someone using the A.D. you did and the same gait pattern?

_____ Energy expenditure
What IADL’s and BADL’s required the most energy expenditure?
Analyze why those specific activities required more energy utilizing your knowledge of muscle position, weight bearing status, type A.D., etc.

_____ Psychosocial issues
What effects did the A.D. have on you personally, your relationships, your social life, your independence?
What would the effects be to you psychologically/emotionally if you had to use the A.D. for 6-8 weeks or permanently?

_____ How will you utilize this experience in future interactions and planning with actual patients? What did you learn?

For Grading: Written paper should be organized and clearly identify topic you are addressing. Provide specific examples and support your positions with adequate examples. Turn in this grading form with your paper.