NWACC PTA PROGRAM
PHTA 2241 & 2242 GAIT ANALYSIS LAB
FALL 2005
NURSING INSERVICE/PRACTICAL

NAME:_________________________________SCORE:________________________

Nursing inservice is worth 50 points
The following will be rated using a 5 point rating scale system
5=Excellent =A
4.5=Good =B
4=Satisfactory=C
3.5=Needs improvement=D
1-3=Inadequate=F

PROCEDURES: ________25% of grade
_____ Presented material correctly
_____ Included all main ideas for procedure
_____ Demonstrated technique (s) correctly

ORGANIZATION: ______________25% of grade
_____Clear transitions
_____Main points covered
_____Main points have logical flow
_____Effective
_____Met designated time frame
_____Results of questionnaire

TEACHING STRATEGIES: ___________25% of grade
_____ Spoke clearly, direct eye contact, correct grammar
_____ Repeated main ideas of procedure
_____ Demonstrated procedures to students
_____ Nursing students participated and practiced technique
_____ Provided appropriate feedback to students regarding if procedure was performed correctly or incorrectly;
_____ Demonstrated ability to re-instruct in terms students could understand if the student was performing the procedure incorrectly
_____ Results of nursing students quiz
PROFESSIONALISM:_______10% of grade
   _____ Professional attire
   _____ Appears knowledgeable
   _____ Communicates in respectful, confident manner
   _____ Communicates with non-verbal messages that are consistent with intended message
   _____ Complete session on time
   _____ Completed assigned tasks on time
   _____ Demonstrated professional attitude while working with others
   _____ Contributions
   _____ Accepted & utilized feedback from instructor
   _____ Results of questionnaire questions #______________

HANDOUT:_______15% OF GRADE
   _____ Logical organization & sequencing
   _____ Highlights main ideas or main points
   _____ Information presented with clarity
   _____ Information presented is brief
   _____ Responded to critiques of draft
   _____ Handout received by instructor on time
   _____ Handout has cohesiveness

Comments:

Student:_____________________________________ Date:__________________________
Instructor:___________________________________ Date:__________________________
The following content should be included in the PTA student handout and the PTA student should provide instruction in all of the following:

- Fitting ambulation aides walkers, crutches and canes
- Sit to stand and stand to sit with ambulation aides walkers, crutches and canes
- Gait pattern PWB and NWB with crutches, walkers; gait pattern for ambulation with canes
- Techniques for guarding in gait training level and uneven surfaces
- Ambulation with assistive devices on stairs
- Transfers: *correct body mechanics and techniques for the following
  - Supine to sitting
  - Bed to stretcher/stretcher to bed
  - Bed to chair/chair to bed or bed to wheelchair/wheelchair to bed
- AROM and PROM and the difference b/n active and passive

PTA Students MUST develop as a group the following:

1. Universal handout for all the nursing students
   Handout must be well organized, clear, easy to follow

2. Develop a post inservice Exam to be given post PTA instruction to the nursing students to assess effectiveness of teaching techniques. Must have 10 questions.

**IMPORTANT:**
The handout to be used and exam MUST be reviewed and cleared by the instructor before September 26, 2005
Nursing Inservice: 9:00 – 12:00 Monday September 26, 2005
PTA students will develop and provide an inservice to the nursing students on the topics listed below. The PTA students are responsible for developing and organizing the inservice. A universal handout must be provided and a 10 question exam to be completed by the nursing students post inservice. The PTA students will have 2 ½ hours with the nursing students to complete the inservice.

***Outside class time will be needed to organize the inservice and practice techniques & procedures.

I. Objectives
The following objectives will be addressed:
Lab Module 1 Objective #2
Develop an inservice and instruct other health care students in gait patterns and guarding techniques utilizing appropriate verbal communication.
Module 2 objective 7 Develop an inservice and instruct other health care students in transfer techniques and body mechanics
Lab Practical objectives
1h Demonstrate proper body mechanics while handling equipment and mock patients
lk Professional behavior, good communication skills, and safety awareness
lp demonstrate behavior that reflects practice standards that are legal, ethical and safe, and consistent with the PT practice act and ethics

II. Content
The following content should be included in the Inservice to the nurses, the PTA student handout
1. Fitting ambulation aides walkers, crutches and canes
2. Sit to stand and stand to sit with ambulation aides walkers, crutches and canes
3. Gait pattern PWB and NWB with crutches, walkers; gait pattern for ambulation with canes
4. Techniques for guarding in gait training level and uneven surfaces
5. Ambulation with assistive devices on stairs
6. Transfers: *correct body mechanics and techniques for the following
   Supine to sitting
   Bed to stretcher/stretcher to bed
   Bed to chair/bed or bed to wheelchair/wheelchair to bed
7. AROM and PROM and the difference b/n active and passive

III. Expectations
PTA Students MUST develop as a group the following:
1. Universal handout for all the nursing students
   Handout must be well organized, clear, easy to follow
2. Develop a post inservice Exam to be given post PTA instruction to the nursing students to assess effectiveness of teaching techniques.  Must have 10 questions.
3. Number of stations and determine content covered at each station within time frame allotted.

IMPORTANT:
The handout to be used and exam MUST be reviewed and cleared by the instructor before September 21, 2005. Rough drafts may be turned in prior to this date for review and recommendations by the instructor